

Tips for parents!

“Research proves that children who enjoy reading do better at school in all subjects.” www.booktrust.org.uk

As your children get older and begin to think about their career options and the pathways they will follow to achieve their aims, our role as parents and staff is to prepare them for later life – teaching them the skills they will need at uni and in the workplace. The long break offers year 11 and 12 students opportunities to carry out some independent learning and research into their career options and uni courses before they get swept back into the academic calendar of sixth form life again. It's not easy getting a teen to put down their social media for a few minutes but these tips might help!

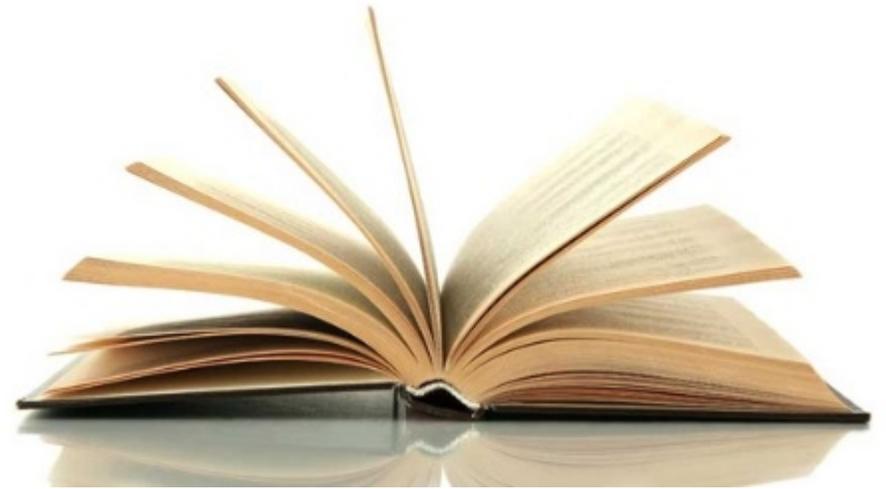
- Encourage your son or daughter to use a variety of sources in their research and exercise their judgment as they come to form their own opinions. Ask them to explain their reasoning and discuss reliability of sources with them.
- Discuss your own reading and your teen's reading with them. Explain what you read professionally and why – talk about all aspects of literacy in the workplace such as formal report writing /foreign language translation etc. Does your workplace have a Twitter presence? What is your company's social media policy / use of technology in the workplace policy?
- Studies have shown that the increasing use of technology impacts on human brain behavior and sleep patterns. Teenage brains that are still developing are impacted more. If you can implement a “no-tech” hour before bed and especially do not allow phones in the bedroom at night your teenager may not thank you, but you will be setting the ground work for an uninterrupted night's sleep – still so important for teenage brains undergoing rapid change.
- For more advice try:

www.nicolamorgan.com/category/reading-brain-readaxation/
Nicola Morgan's books (Teenage Guide to Stress/ Friends /Blame my Brain.
<http://www.thisisliteracy.ca/4-ways-promote-reading-your-teenager>
TedTalk: **How Social Media makes us Unsocial** by Allison Graham
<https://www.youtube.com/watch?v=d5GecYjy9-Q>

Book Bingo 2017

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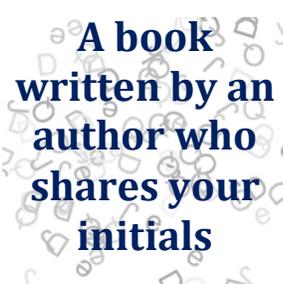
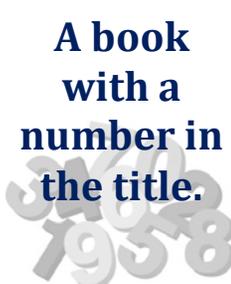
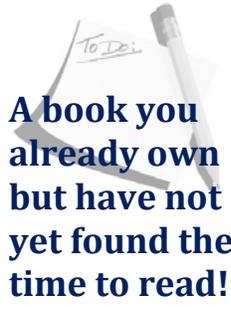
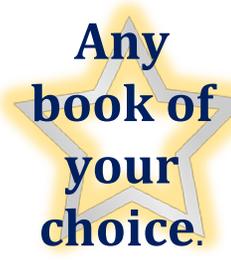
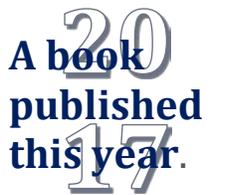


READING BLUE COAT SCHOOL

Summer Reading Challenge for Years 11, 12 and staff

Book Bingo Card

Record your reading here:

<p>A book written by an author who shares your initials</p> 	<p>A book with a number in the title.</p> 	<p>A book you already own but have not yet found the time to read!</p> 
<p>A book that attracted you because of its cover!</p> 	<p>Any book of your choice.</p> 	<p>Follow a recipe and make yourself a tasty treat!</p> 
<p>A book recommended by a friend or family member.</p> 	<p>A book to help with your career.</p> 	<p>A book published this year.</p> 

1. The author who matches my initials is (and the book title I chose)...
2. Title of my chosen book with a number in the title...
3. The book I had not previously got around to reading is...
4. Book whose cover attracted me is...
5. My free choice title is...
6. The recipe I made was...
7. Book recommended by a friend was...
8. The book to help me with my career is...
9. Title of the book I read published in 2017...

Edible prizes, Commendations and book prizes are on offer!

